

# CHERYL W. THOMPSON, PhD, RD, CNSC, CD

## EDUCATION AND TRAINING

### Doctor of Philosophy

University of Utah, Department of Health Promotion and Education 2005  
Integrative health emphasis  
Dissertation: Fostering Coping Skills and Resilience in Home Enteral  
Nutrition Consumers

### Master of Education

Science Education: Emphasis in Nutrition 1984  
Vanderbilt University's Peabody College, Nashville, TN

### Registered Dietitian

Dietetic Internship 1983  
Vanderbilt University Medical Center, Nashville, TN

### Bachelor of Science

Community Nutrition: Specialization - Exercise Physiology 1982  
University of California, Davis, CA

## EMPLOYMENT EXPERIENCE

### Adjunct Professor, University of Utah

*Department of Health Promotion and Education* 10/07 – present

- Participate on graduate student advisory committees; serve on grant review committees

### Vice President for Health Promotion and Education

*MD Informatics LLC, Salt Lake City, UT* 10/2004 - present

- Develop Web-based nutrition education software for consumers (e.g. MY HPN for The Oley Foundation) and healthcare professionals (e.g. Enteral Nutrition Practitioner Tutorial for the American Society for Parenteral and Enteral Nutrition).
- Contribute subject matter expertise for online programs and other teaching materials.
- Design and implement research protocols e.g. PI for NIH-funded SBIR Phase II research that evaluated interventions to enhance clinicians' adherence to nutrition guidelines and corresponding medical outcomes in over 1400 intensive care unit patients at two hospitals.

### Nutrition Support Dietitian

*Intermountain Medical Center/LDS Hospital, Salt Lake City, UT* 10/1998 - 6/2000; 8/2001 - present

- Revise and update departmental and corporate policies, procedures and practice guidelines.
- Design clinical nutrition research studies.
- Taught classes on nutrition support to dietitians within Intermountain Healthcare.
- Provided staff in-services and lectures at regional conferences on a variety of topics including pressure ulcer guidelines, nutrition support, complementary and alternative therapies, etc.
- Implemented and monitored enteral and parenteral nutrition support.
- Educated patients and family members to safely administer home enteral nutrition.

## EMPLOYMENT EXPERIENCE continued

### **Metabolic Support Dietitian**

*Wellmont Health System, Holston Valley Medical Center, Kingsport, TN* 2/1996 – 7/1998

- Developed nutritional assessments for patients requiring parenteral and enteral nutrition.
- Implemented and monitored nutrition support with order writing privileges to adjust all aspects of nutrition care daily. Monitored parenteral nutrition for home health patients.
- Initiated and developed a clinical nutrition rotation for Family Practice medicine residents. Educated staff including dietetic interns, registered dietitians, and ancillary services.
- Participated in quality improvement monitors and the development of Clinical Pathways including Ventilator Management, Enteral/Parenteral Nutrition, and Pressure Ulcer Treatment.

### **Consulting Dietitian**

*Coram Healthcare, Johnson City, TN* 8/1997 – 7/1998

- Provided comprehensive nutritional assessment and monitoring for adult and pediatric consumers receiving parenteral nutrition.
- Educated medical staff to complete screening with an Early Nutrition Intervention Program.
- Delivered in-service training on nutrition screening, and home enteral and parenteral nutrition.

### **Chief Clinical Dietitian**

*J.L. Morse Geriatric Center, West Palm Beach, FL* 1/1995 – 10/1995

- Managed and implemented clinical nutrition care at a superior rated facility.
- Assured compliance with all regulatory guidelines for clinical nutrition.
- Developed and implemented clinical nutrition quality improvement monitors.

### **Assistant Director, Nutrition Services**

*Children's Hospital of The King's Daughters, Norfolk, VA* 8/1992 – 5/1994

- Managed all activities related to patient nutritional care, food service, and CQI program.
- Implemented and participated in a pediatric Nutrition Support Team.
- Interviewed, hired, and supervised staff of twenty-one.
- Performed competency based orientation and performance review.
- Served as Peer Review Program Coordinator for fourteen local hospitals.

### **Clinical Dietitian**

*Vanderbilt University Medical Center, Nashville, TN* 8/1983 – 7/1992

- Assessed and monitored patients' nutritional needs for a broad range of disease states and nutrition therapies. Developed and revised patient education materials.
- Supervised, instructed, and evaluated dietetic interns.
- Instructed patients and family members on appropriate diets and home tube feedings.
- Prepared and delivered nutrition lectures to physicians and dietetic interns.

### **Journal Editor/Contributor**

- **Lifeline Newsletter.** The Oley Foundation 2009 – present  
Contributed to bi-monthly nutrition column.
- **A.S.P.E.N. Dietetic Section Newsletter** 2/2001 – 2/2003  
Co-editor of a bimonthly electronic newsletter.
- **Journal of Urological Nursing** 3/1984 – 8/1989  
Coordinated, reviewed and contributed articles for quarterly publication.

## PUBLICATIONS

- Olson LM, Wahab S, Thompson CW, Durrant L. Suicide notes among native americans, hispanics, and anglos. *Qual Health Res.* 2011; 21(11):1484-94.
- Thompson C, Romano M. Initiation, advancement, and transition of enteral feedings. In: Charney P, Malone A, eds. *ADA Pocket Guide to Nutrition Assessment.* 2<sup>nd</sup> ed. Chicago, IL: The American Dietetic Association. 2011 in press.
- Thompson C. Laboratory assessment. In: Charney P, Malone A, eds. *ADA Pocket Guide to Nutrition Assessment.* 2<sup>nd</sup> ed. Chicago, IL: The American Dietetic Association. 2009.
- Thompson CW. Coping well with home enteral nutrition. In: Andris D, Krzywda EA eds. *The A.S.P.E.N. Nutrition Support Patient Education Manual.* Silver Spring, MD: ASPEN Publishers, 2008
- Thompson C, Russell M. Lipids and immunosuppression. *Support Line.* 2008;30(2):3-7.
- Thompson CW, Vohsing L. Life with home enteral nutrition – a view from the inside. *Safe Practices in Patient Care.* 2007; Vol 3, No 3: 2-6.
- Thompson CW, Davis R. Coping with Home Enteral Nutrition: Patient and Clinician Perspectives. *Support Line.* 2007;29:25-27.
- Thompson C. *Coping Well with Home Enteral Nutrition.* 2006 available at <http://www.copingwell.com>
- Thompson CW, Durrant L, Barusch A, Olson L. Fostering Coping Skills and Resilience in Home Enteral Nutrition Consumers. *Nutr Clin Pract.* 2006; 21:557-565.
- Tucker E, Pfister D, Thompson C. Make it Positive. *Lifeline Letter.* 2005; July-October, 1 - 14.
- Thompson CW. Nutrition and immune function. In: *APIC Text of Infection Control and Epidemiology.* 2<sup>nd</sup> ed. Washington, DC: Association for Professionals in Infection Control and Epidemiology, Inc. (APIC). 2005; 59:1-15.
- Thompson CW, Fuhrman MP. Nutrition and Wound Healing: Still Searching for the Magic Bullet. *Nutr Clin Pract.* 2005; 20:331-337.
- Thompson C. Initiation, advancement, and transition of enteral feedings. In: Charney P, Malone A, eds. *ADA Pocket Guide to Nutrition Assessment.* Chicago, IL: The American Dietetic Association. 2005:123-154.
- Thompson C. Doctoral Dissertation: Fostering Coping Skills and Resilience in Home Enteral Nutrition Consumers. 2005
- Thompson C. Laboratory assessment. In: Charney P, Malone A, eds. *ADA Pocket Guide to Nutrition Assessment.* Chicago, IL: The American Dietetic Association. 2004: 63-141.
- Thompson CW. Nutrition and immune function. In: *APIC Text of Infection Control and Epidemiology.* Washington, DC: Association for Professionals in Infection Control and Epidemiology, Inc. (APIC). 2001; 37:1-20.

## PRESENTATIONS

- Exploring outcomes in nutrition support: home care. February 2009. A.S.P.E.N. Clinical Nutrition Week, New Orleans, LA
- Fostering coping with home enteral nutrition therapy. February 2008. A.S.P.E.N. Clinical Nutrition Week, Chicago, IL
- The “Skinny” on Fat in Critical Care; Fostering Coping not Moping. Critical Issues in Nutrition Support: Beyond the Basics. June 15-17, 2007. Providence, RI.
- Tube Feeding A to Z (roundtable). January 2007. The Oley Foundation Regional Conference. Phoenix, AZ
- Parenteral Nutrition. January 2007. Intermountain Healthcare Clinical Dietitian Staff, Salt Lake City, UT

## **PRESENTATIONS continued**

- Parenteral Nutrition – An Overview of Essential Facts and Figures. November 2006. Cottonwood Pharmacy Staff In-Service, Murray, UT
- Coping with HEN. June 2006. Oley Foundation Annual Conference, Salt Lake City, UT
- Coping Well with Home Enteral Nutrition. February 2005. A.S.P.E.N. Nutrition Week, Dallas, TX
- Nutrition and wound healing. May 2004. Association of Utah Wound Care Providers meeting. Salt Lake City, UT
- Moderator: Home Nutrition Support Challenges: Fistulas, Severe Obesity, and Dysphagia. February 2004. A.S.P.E.N. Nutrition Week, Las Vegas, NV.
- Wound Healing: From Principles to Practice. January 2003. Post Graduate Course: A.S.P.E.N. Nutrition Week, San Antonio, TX
- Nutrition and Wound Healing. January 2003. Leader of Roundtable Discussion: Dietetics Practice Section Members Meeting, A.S.P.E.N. Nutrition Week, San Antonio, TX
- Common Enteral Feeding Complications in the Adult ICU; Nutrition and Wound Healing. May 2003. Intermountain Health Care Conference. Salt Lake City, UT
- The Guts and Jolts of ICU Nutrition. October 2002. American Dietetic Association Food and Nutrition Conference and Expo. Philadelphia, PA
- Nutrition and Wound Healing. February 2002. Co-leader of Roundtable Discussion. A.S.P.E.N. 26<sup>th</sup> Clinical Congress, San Diego, CA
- Nutrition and Wound Healing. January 2001. Leader of Roundtable Discussion: A.S.P.E.N. 25<sup>th</sup> Clinical Congress. Chicago, IL
- Poster Session: January 2000. Introduction of Immune-enhancing Enteral Formulas Correlates with Reduction in Nosocomial Infection Rates in an Intensive Care Unit. A.S.P.E.N. 24<sup>th</sup> Clinical Congress. Nashville, TN
- Herbal and Alternative Nutrition. October 1999. Medical/Surgical Workshop, Intermountain Health Care Conference, Urban Central Region Hospitals. Salt Lake City, UT
- Parenteral nutrition in six easy steps. September 1999. Intermountain Health Care Conference. Salt Lake City, UT.

## **GRANT RESEARCH FUNDING**

Research and Development of an Online Enteral Nutrition Practitioner Tutorial. Granting agency National Institutes of Health, National Institute of Nursing Research. SBIR Phase II. 2 R44 NR010179-02 Project period: 6/2008 – 5/31/2011.

Enteral Nutrition Practitioner Tutorial – An Online Case-Based Learning Program. Granting agency National Institutes of Health, National Institute of Nursing Research. SBIR Phase I. 1 R43 NR010179-01 Project period: 2/1/2007 – 7/31/2007.

An Educational Module to Foster Coping and Resilience in Home Enteral Nutrition Patients. Granting agencies State of Utah and the Utah Dietetic Association. Project period: 4/2004 – 12/2006.

## PROFESSIONAL COMMITTEES

Membership Chair, Dietitians in Nutrition Support Dietetic Practice Group of the American Dietetic Association	6/2011- present
Vanderbilt Dietetic Internship Advisory Committee (member)	8/2010 - present
Reviewer, <i>Support Line</i> , a publication by Dietitians in Nutrition Support	7/2010 - present
Member, The Oley Foundation Board of Trustees (term ends 2014)	7/2007 - present
Co-chair Oley Foundation's 2006 Annual Conference	10/2005 - 7/2006
Nominating Committee (Chair 2007-8), Dietitians in Nutrition Support Dietetic Practice Group of the American Dietetic Association	6/2005 - 5/2008
Web CPE Development Committee Member, Dietitians in Nutrition Support Dietetic Practice Group of the American Dietetic Association	5/2004 - present
New Product Development Think Tank (previously called Publications Review Board) American Society for Parenteral and Enteral and Nutrition	2/2004 - 6/2008
Membership Chair, Dietitians in Nutrition Support Dietetic Practice Group of the American Dietetic Association	5/2000 - 5/2004
Dietetics Practice Section Membership Liaison American Society for Parenteral and Enteral Nutrition	2/2001 - 2/2003
Dietitian Member, Certification Exam Committee National Board of Nutrition Support Certification	2/2000 - 2/2003

## CERTIFICATION

Certified Nutrition Support Clinician (valid through 10/2015)	1989 to present
Certified Dietitian License Number 364348-4901	1998 - present